

PUBLIC WORKSHOP

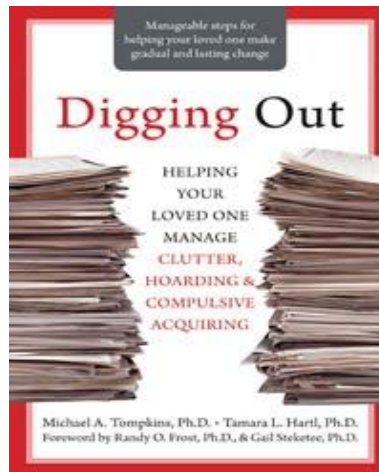
Helping Your Loved One Manage Clutter, Hoarding, and Compulsive Acquiring

This 3-hour presentation is for family members and friends who are looking for a way to help their loved one with a hoarding problem. The presentation covers treatment options for the problem, explains why people develop hoarding behaviors and introduces harm reduction as a pragmatic approach to help your loved one manage a severe hoarding problem when he or she is unsafe and yet unwilling to accept treatment or help.

Speaker: **Michael Tompkins, PhD**

San Francisco Bay Area Center for Cognitive Therapy and author of:

Digging Out: Helping Your Loved One Manage Clutter, Hoarding, and Compulsive Acquiring
(w/ Tamara L. Hartl) (New Harbinger, 2009).



Saturday February 11, 2012

Location: Heritage Hall, Walter D. Ehlers Recreation Center
8150 Knott Ave. Buena Park, CA 90620
Time: 9:00 AM -12:00 Noon

Admission Fee: \$5.00



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This workshop is presented by the Orange County Task Force on Hoarding in partnership with the Mental Health Association of Orange County and the City of Buena Park
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