

2012 Orange County Hoarding Disorder Symposium

Harm Reduction: A Pragmatic Approach to the Problem of Severe Hoarding

Presented By:

Michael A. Tompkins Ph.D.

San Francisco Bay Area Center for Cognitive Therapy and author of:
***Digging Out: Helping Your Loved One Manage Clutter, Hoarding, and
Compulsive Acquiring***

Friday, February 10, 2012

Program: 8:30am to 4:00pm

7:45am Registration, Continental Breakfast, & Networking

**Walter D. Ehlers Recreation Center
Heritage Hall
8150 Knott Ave. Buena Park, CA 90620**

The Hoarding Disorder Symposium is a full day training opportunity for human service professionals. The symposium presents harm reduction as an alternative to treatment for hoarding disorder. Harm reduction assumes that it is not necessary to stop all compulsive acquiring or to clear homes completely in order to reduce the risk of harm and improve the health, safety, and comfort of persons who hoard. The workshop presents the essential features of the harm reduction process applied to the problem of severe hoarding. The workshop will describe strategies for engaging the client in the harm reduction process, building and facilitating the harm reduction team, assessing harm potential, and developing and managing a harm reduction plan.



Orange County Task Force on Hoarding

mha

Mental Health Association of Orange County



City of Buena Park

INSTRUCTOR:

Michael A. Tompkins, Ph.D.

Dr. Tompkins is a licensed psychologist (PSY 13822), a founding partner of the San Francisco Bay Area Center for Cognitive Therapy, Assistant Clinical Professor at the University of California, Berkeley, and a Diplomate and Founding Fellow of the Academy of Cognitive Therapy. Dr. Tompkins specializes in the treatment of obsessive-compulsive spectrum disorders, such as hoarding disorder, in adults, adolescent, and children. He is the author or co-author of numerous articles and chapters on cognitive-behavior therapy and related topics, as well as five books, including *Digging Out: Helping Your Loved One Manage Clutter, Hoarding, and Compulsive Acquiring* (with Tamara L. Hartl) (New Harbinger, 2009), which has been praised as a seminal work on the topic of hoarding. In addition, Dr. Tompkins (with Tamara L. Hartl) is working on *Clinician's Guide to Severe Hoarding: A Harm Reduction Approach*, a book for clinicians who work with people with severe hoarding that Springer Publications will publish next year. Dr. Tompkins serves on the San Francisco Hoarding Task Force and has been featured in *The New York Times*, *Wall Street Journal*, and on television (*The Learning Channel*, *Arts & Entertainment*, *KTVU*) and radio (KQED, KPFA). Dr. Tompkins has presented widely on the topic of cognitive behavioral therapy, hoarding, and other topics.

Symposium Measureable Goals

Upon completion of the workshop, attendees will be able to identify:

1. Three possible reasons people who hoard refuse help.
2. Three harm reduction principles applied to severe hoarding.
3. Three features of the harm reduction process.
4. Three strategies to engage clients who hoard in the harm reduction process.
5. Three factors that influence harm potential.
6. Three features of an effective harm reduction plan.

Continuing Education Credits & Contact Hours

A TOTAL OF SIX (6) CE and Contact Hours have been applied for in the following professions for the Friday Symposium:

- **Nurses (RN)**
Provider approved by the California Board of Registered Nursing, Provider No. CEP 105019 for input contact hours.

- **Licensed Clinical Social Worker/Marriage Family Therapists**
The Mental Health Association of Orange County is an approved provider of continuing education credit the California Board of Behavioral Science (provider no. PCE1054).

- **CAADE**
The Mental Health Association of Orange County is an approved provider of continuing education credit the California Board of Behavioral Science (provider no. CP10721CO507).

- **Psychologists**
The County of Orange Healthcare Agency is approved by the American Psychological Association to sponsor continuing education for psychologists. “The County of Orange Health Care Agency maintains responsibility for this program and its content.”

- **Code Enforcement Officers**
Application has been approved by CACEO for four (4) CE Credits. **Please see attached CACEO CE Credit Application for instructions on how to obtain and pay for CACEO CE Credits (last page of packet).**

REGISTRATION FORM
HOARDING DISORDER SYMPOSIUM
Friday, February 10, 2012

Registration fee of \$90 includes continental breakfast and lunch
Registration deadline is February 1, 2012
Continuing Education Credits available for an additional fee

Please Print

Name Title

Organization

Mailing Address

City State Zip

*Daytime Telephone: ()

*E-Mail Address: _____

* Required in case your registration is received after the capacity is reached and we need to contact you of same

Check if you do not want contact information distributed to fellow conference attendees.

Check If Requesting Six (6) Continuing Education Credits:

LCSW MFT RN PhD CAADE License Number: _____

Individual Registration \$90.00 Individual Registration and Six (6) CE Credits: \$105

Check if a vegetarian meal is desired.

PLEASE MAKE CHECKS PAYABLE TO: **MHA**

Completed registration form and payment must be received by **February 1, 2012** at:
MHA, 822 Town & Country Road, Orange, CA 92868

OR FAX this form with credit card authorization to MHA @ 714 543-4431

Credit Card Authorization: VISA MC

TOTAL AMOUNT AUTHORIZED/ENCLOSED: _____

Credit Card # _____ Expiration Date: _____

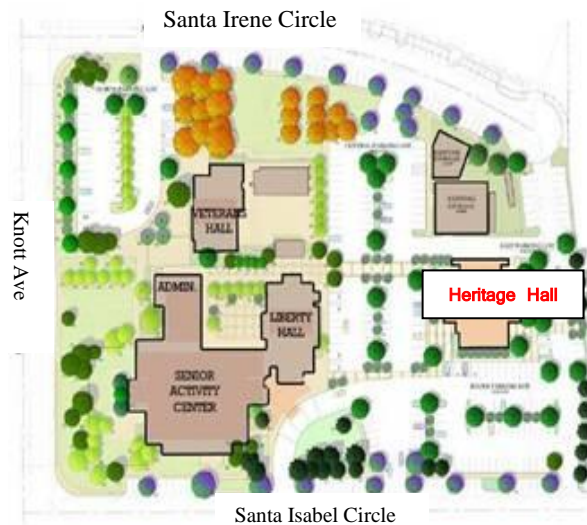
Print Name on Card: _____ Authorized Signature: _____

Symposium Registration cancellations must be in writing and faxed or post-marked by February 1, 2012 to be eligible for a refund less a \$15 non-refundable enrollment fee. Cancellations after February 1, 2012 and no-shows are not eligible for any refund or credit and your fee will be considered a contribution to the conference.

Attendance will meet capacity of facility. No walk-in registration will be available or accepted.

For Registration questions call MHA 714 547-7559.

**Walter D. Ehlers Community Recreation Center
Heritage Hall
8150 Knott Ave.
Buena Park, CA 90620**



Parking is available at the back of Walter D. Ehlers Community Recreation Center (in front *and* in back of Heritage Hall). Heritage Hall is easily accessible if you enter the Senior Center from Santa Irene Circle or Santa Isabel Circle.



California Association of Code Enforcement Officers

1215 K Street, Suite 2290

Sacramento, CA 95814

www.caceo.us

Hoarding Disorder Symposium, Friday, February 10, 2012

Please submit this form completed to Elizabeth Cardwell at ecardwell@caceo.us. Payment and a copy of the Registration Receipt or Attendance Record for the Course (proof of attendance) must be submitted with this form for continuing education credit.

Name: _____

Agency: _____

Date: _____

.....

Total Hours for Credit: 4 hrs

Payment: \$25.00